

For all youth &  
children's  
leaders

# Building Spiritual disciplines into our lives

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To book:  
contact David Brown  
07557 655860 or  
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A workshop with Dean Gregory Dunstan  
organised by AYaC

**Sat 16th February 2019**  
**9.30 am to 1.00 pm**

The Music Room, St Patrick's Cathedral, Armagh